





## Emotional, social, and counselling support for children, young people, parents, and families living with a scar, mark or condition affecting the face or body

Our wellbeing support helps build self-esteem, resilience, coping strategies, and skills – giving children and young people with a visible difference the confidence to lead the lives they want.

Get in touch with our Support and Information Line.



Call **0300 012 0275** 

10am – 4pm, Monday to Friday

Email support@changingfaces.org.uk

Scan the QR code to complete the online contact form



## We provide emotional support for children, young people, and parents living with a scar, mark or condition affecting any part of the body



Contact our confidential Support and Information Line to find out how we can support you with worries or concerns about your appearance.

If you are aged under 16 years, please ask a parent or carer to call for you

## We offer:

- ▼ Telephone and email support from our confidential Support & Information Line for anyone aged 16 years+
- ➤ Social & Emotional Support sessions for children, young people and parents
- One-to-one Counselling sessions for young people
- **Workshops** for children, young people, parents, and families



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