

Tackling bullying case study discussion

This activity is suitable for upper primary classes and contributes to outcomes within PSHE, Health and Wellbeing, and Personal (and Social) Development. This activity will help to raise awareness of appearance-related bullying and will support pupils to identify ways that they can help to tackle bullying.

Time required

- 25 minutes

Resources required

- Bullying case study handouts (on next page)
- PowerPoint slide with questions for group discussion

Learning outcomes

- Increase awareness of appearance-related bullying
- Explore the impact of bystander behaviour
- Identify ways to help tackle bullying and support those affected

Timing	Activity
0-5 min	<ul style="list-style-type: none"> • Introduce the activity by asking pupils what bullying is and examples of bullying behaviour • Split the class into groups of 3 or 4 and distribute bullying case study handouts.
5-15 min	<ul style="list-style-type: none"> • Give pupils a few minutes to read through the case study in their groups. • Display the PowerPoint slide of discussion questions and ask pupils to discuss these in their groups.
15-25 min	<ul style="list-style-type: none"> • Whole class discussion <ul style="list-style-type: none"> ○ What bullying behaviour is taking place? ○ How do you think this makes Mia feel? ○ What could bystanders do that could make the situation worse? ○ What could bystanders do that could make the situation better?

Mia's story

Mia is 10 and has just moved to a new school. Mia has a large birthmark on her face.

Mia has made some friends in her new class, but notices that other pupils stare at her as she walks down the corridor.

Mia has also overheard some of her classmates talking about how she has a "horrible face".

One day, Mia's teacher put the class into pairs to do some science experiments. The girl that Mia was paired with waited until the teacher's back was turned and then made a face at her friends to show she did not want to work with Mia.

Throughout the lesson, Mia could see that the girl's friends were pointing at her and giggling.

During lunchtime, the same group of pupils stood behind Mia in the lunch queue and started making jokes about her face very loudly so everyone could hear.