

Moving Up and Moving On

**A confidence building workshop for
young people aged 13-16 who have
a visible difference**



**On Wednesday 26 October
between 10.30 and 3.30
In Central London**

Turn over for more information

To book a place on this workshop we will be asking for a £15 contribution. If you need to discuss financial support with meeting this cost and/or travel expenses, do get in touch.

Changing Faces, The Squire Centre, 33–37 University Street, London WC1E 6JN
Telephone: 0845 4500 275 Fax: 0845 4500 276 Email: info@changingfaces.org.uk
www.changingfaces.org.uk

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Registered Charity No. 1011222 Charity registered in Scotland SC039725

Useful Information

Where will the Workshop take place?

At Changing Faces, The Squire Centre, 33-37 University Street, London WC1E 6JN -near Warren Street tube station.

Who has been invited?

This has been sent to young people between the ages of 13 and 16, across the country who have a visible difference.

What will happen during the session?

There will be a range of informal activities which will help you to develop social skills, boosting your confidence and self esteem. These will take place in a relaxed setting.

What will I get out of it?

- New ways to deal with tricky situations, including what to do when people stare, make comments or ask questions.
- A chance to meet other young people who look different
- Lunch and refreshments
- A certificate of attendance and some handouts

What do I do now?

To Obtain a booking form parents can phone the Children and Young People's Service on 0845 4500 275

or 0207 391 9282,

Or Email info@changingfaces.org.uk FA0 Shirley Rose or Rahila Zaman-Jalil.

Places will be limited and will be given on a first come, first served basis.

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