

To anyone who looked at me and thought I'd never have the confidence to do anything  
look at me now



# Support at school has helped to ensure that Max, Lucas, Harry and Lauren all enjoy and achieve.

## ***Ideas for teachers and all school staff:***

- Make sure that every pupil has at least one positive thing they can say about themselves. Encourage them to think about this every day and to start a list of positive attributes to build their self-esteem.
- Include positive and inspirational images of people with and without disfigurements in your wall displays and lessons to show diversity.
- Enable a pupil with a visible difference to manage reactions of others in a positive way. Help them to practise a brief explanation of the way they look and a few questions to move the conversation along.
- Facilitate positive social interactions in and out of the classroom by ensuring that all pupils can talk about themselves and have friendly questions to ask school mates.
- Encourage all pupils to achieve, through discussions of interests and aptitudes. Ask them to list the ways in which they might pursue these.

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**Changing**  
*the way you face*  
**faces**  
*disfigurement*

To anyone who looked at me and thought I'd never achieve anything  
look at me now



To anyone who looked at me and thought I'd never have anything to smile about  
look at me now



To anyone who thought I'd be shy because of how I look  
look at me now

